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Dear Friends,

Keeping in touch again from Snoqualmie in our evergreen State of Washington. The Bible speaks about green pastures and we are certainly blessed with green scenery most of the year. We do get a lot of rain but that reminds us of our 40 some years in Irun, Spain, with very much the same climate. Psalm 23:2, which many of us have memorized. *“He maketh me to lie down in green pastures: he leadeth me beside the still waters.”*

The last several months have certainly been different. As many of you know on Jan. 21st had to make an emergency trip to a hospital in Seattle to be operated on a pulmonary embolism (same procedure as open heart, except they got a clot out of my lung.) Just before the operation the surgeon told me it was very serious and the next 24 hours would be critical. More than 2 months have passed and the Lord has given me a full recovery. Thank you, Lord! Guess it wasn't His time for me yet. Our church was very supportive and we are pretty well back to a normal life.

We continue to be involved in our local church and I particularly enjoy the good preaching of our young pastor and the old-fashioned singing that we have enjoyed all our life. Pastor asked me to handle the mission's emphasis once a month on Wednesday evenings when we highlight one of our missionaries. We have made good friends and there is such a good spirit in the church.

God bless,

Al & Helga

